

Rua Reidh Wildlife & Walking

From the lighthouse walls Whales, Dolphin, Basking Shark and Atlantic Seals can often be viewed when the sea is not too rough. Coastal plant life clings precariously to steep cliffs as do nesting Fulmars, Shags and Kittiwakes and the moors are alive with the flowers of bog and heather providing cover for ground nesting Golden Plover and Red Grouse.

Other birds sometimes seen include the magnificent White Tailed Eagle, Skua, Black Throated Divers and in Autumn the tiny Storm Petrel is sometimes drawn towards the light as they return to their nests at night time! Join us on a walk to hear more about the Rua Reidh environment.

Guided day walk 10am—4pm around the Rua Reidh Headland going over the moors to Lochan Druing ancient woodland, along the fault line to the sandy beach of Camus Mhor and then along the coast on the cliff path back to Rua Reidh.

Guided Half day walks: 10am—1pm or 1pm—4pm:

To watch the seabirds nesting near the Lighthouse, explore the immediate moorland area and linger by the coast, eyes strained out to sea in hope of seeing that elusive whale, or dolphin!



Rua Reidh Family Exploration:

Family seashore exploration: Fun for the family with small children on the rocky shores around Rua Reidh. Catch a Butter Fish, learn the



difference between a Limpet and a Barnacle, search the rock pools for beautiful red aenename's, sticklebacks, crabs.....

A guided exploration lasting a couple of hours.

We also look at the environmental changes affecting the seashore in recent times—eg increasing use of plastics, climate change and our own impact.



Mountain Guide Services

Contact the Lighthouse if you would like to hire a qualified Mountain Guide for a specific walk in the area. We can also arrange rock climbing courses.



The TORRIDON TREK:

Leave the crowds behind on this six day (seven night) self guided walk circling the Torridon Mountains of Wester Ross. The way is 103 kms altogether and the scenery is stunning, the air is clean with peace and quiet guaranteed!

Accommodation with breakfast is included, luggage is transferred each day and maps and route details supplied along with local information and advice for getting lunch and dinner en route.



Lighthouse Visitor Centre: :

We have a small visitor centre at the Lighthouse with displaying information on wildlife, nature and Lighthouse history. A hot drink vending machine catering and toilet facilities are available—open all day, every day, throughout the season 9am—6pm.

We also have a viewing window looking out over the Atlantic with telescope and binoculars along with a small gift shop - opening times variable.

Please note, the Light tower is not open to the public

2010 Dates & Prices per person

PEAK PERIOD—JULY & AUGUST

Whole day Walk-Wednesday £15

Half Day Walk - Friday am £7

- Monday am £7

Family seashore exploration - Thursday

Half day - time depending on tide

Per family (up to 4) £20

OFFPEAK PERIOD — MID MAY TO END JUNE, and SEPTEMBER:

Whole day walk -Thursday £15

Half Day Walk - Sunday am £7

-Tuesday am £7

For groups of four or over we can arrange alternative times if preferred.

To book phone 01445 771263

Or email: info@ruareidh.co.uk

SPECIAL EVENTS: See web site for dates or the local Tourist Information Centre

TORRIDON SELF GUIDED TREK

7 Nights, £430 inc VAT @ 17.5,

B&B in a double/twin shared room, luggage transfer, maps and route instructions, emergency back up.



Rua Reidh Lighthouse

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Melvaig - Gairloch - IV21 2EA

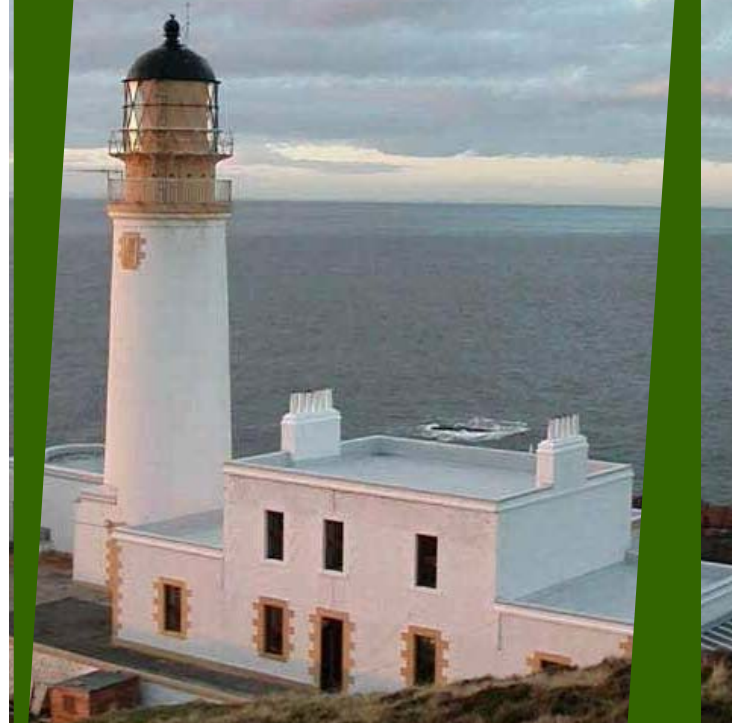
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Rua Reidh Lighthouse

Naturally Different

Nature &



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